



**SONOMA COUNTY MENTAL HEALTH BOARD Minutes of  
March 15, 2022**



**This Meeting:  
Virtually Zoom Webinar**

**Minutes are posted in draft form and after approval at [www.sonoma-county.org/mhboard](http://www.sonoma-county.org/mhboard)  
Email: [dhs-mhb@sonoma-county.org](mailto:dhs-mhb@sonoma-county.org)**

**Please Note: A list of commonly used abbreviations and acronyms is attached**

This meeting's Zoom webinar audio recording will also be posted on the Mental Health Board web page as an attachment to these minutes.

**CALL TO ORDER**

Meeting called to order by Chair Kathy Smith

**ROLL CALL**

<b>Present:</b> Bob Cobb, District 4	Betsy Chavez, District 1	Michael Johnson, District 3
Carol West, District 2	Mary Ann Swanson, District 2	Kathy Smith, District 5
Vanessa Nava, District 3	Peterson Pierre, District 1	Michael Reynolds, District 2

**Excused:**

**Absent:** Anabel Nygard, District 3, Peter McAweeney, District 4

**SRJC PEERS Coalition Representative:** Matti Cottrell

**Sonoma County Board of Supervisor:** No representative

**County of Sonoma DHS, Behavioral Health Division:** Chris Marlow, Sid McColley

**Community Members:** Erika Klohe, Elizabeth Vermilyea, Katherine Cardona Castillo, Quinn Han, David Cox, Sean Kelson, Skylar Hom, Susan Keller, Amanda Lopez, Jeane Erlenborn, Sean Bolan, Liz George, Josefa Molina, Katie Swan, Vicki Kilsh, Kate Roberge.

**ANNOUNCEMENTS /PUBLIC INTRODUCTIONS & COMMENTS**

- 1) You may submit agenda items for consideration prior to the Executive Committee meeting, normally held on the first Wednesday of each month, 10:30 AM to Noon. Email or call MHB clerk (707)565-4850, [DHS-MHB@sonoma-county.org](mailto:DHS-MHB@sonoma-county.org) to verify the next meeting date.
- 2) There are three (5) vacancies: one in District 1 (Gorin), one in District 2 (Rabbitt), one in District 4 (Gore) and two in District 5 (Hopkins). If you are interested in serving on the Board, please contact MHB Clerk (707) 565-4850, [DHS-MHB@sonoma-county.org](mailto:DHS-MHB@sonoma-county.org)
- 3) Please direct all your questions to the Chair.

**APPROVAL OF MINUTES**

- APPROVAL OF MINUTES OF PREVIOUS MEETING(S) – February 15<sup>th</sup> 2022

Approved - Carol West moved to approved, Peterson Pierre 2<sup>nd</sup>, Mary Ann Swanson 3<sup>rd</sup>

**CONSUMER AFFAIRS**

- Acknowledgment of Kate Roberge, Kate is retiring. Wonderful words of appreciation were shared from

the Mental Health Board and the community.

### **SPECIAL PRESENTATION:**

- East County Presenters - Betzy Picazo Chavez coordinator of presenters.  
Presenters –

### **SPECIAL PRESENTATION: Reducing Stigma through Conversation - Michael Johnson and Vanessa Nava**

- A conversation with each other about what has impacts of COVID during this time.
- MHA – Mental Health America - stats Number of people looking for help 200% increase in 2020 vs 2019. 11-17 year were impacted the most according to the MHA. Suicidal ideation was 6% higher than in 2019, also higher with those who identified as LGBTQ
- Concerns, were also impacted by Current Events – News and Politics.
- Stories shared about how the effects of the lockdown impacted lives/community.
- Community Resource Links

**BEHAVIORAL HEALTH DIRECTOR'S REPORT/HBH FISCAL UPDATE/MENTAL HEALTH SYSTEM:** *Bill Carter or Designee Sonoma County's Mental Health Services Act [MHSA]* newsletter is available at the link <http://www.sonoma-county.org/health/about/pdf/mhsa/>

- Wendy Wheelwright presented for BH Director
- External Quality review was done, expecting to get draft report back within 30 to 45 days. Once that is received BH will review and then the report will be posted. Provisional response is that they are impressed because Sonoma County has gone through many disasters in the past years. Overall very positive feedback so far and some suggestions for what to work on.
- Department has requested more positions for YFS from the Sonoma County Board, these were approved.
- State level actively working on Cal Aim initiative.
- The BH director recruitment is in its final stages.
- The PHF – Psychiatric Health Facility Crestwood is open and receiving.

Link Shared - Crestwood Healing Center Open! <https://www.sonomacountygazette.com/sonoma-county-news/sonoma-county-opens-new-mental-health-facility-in-santa-rosa/>

Video Tour Crestwood(PUF)

[https://vimeo.com/668420707?embedded=true&source=vimeo\\_logo&owner=92534300](https://vimeo.com/668420707?embedded=true&source=vimeo_logo&owner=92534300)

### **PEERS (PEOPLE EMPOWERING EACH OTHER TO REALIZE SUCCESS) COALITION INTERN REPORT –**

(Matti Cottrell [mcottrell@santarosa.edu](mailto:mcottrell@santarosa.edu)) Link to SRJC's webpage about current health events around the campus: <https://events.santarosa.edu/calendar-events>; <https://shs.santarosa.edu/health-promotion-wellness>

- Health Services office has moved to Bertolini building, 3<sup>rd</sup> floor
- Well-being Wednesdays, held every other Wednesday – a safe place to talk. Attendance has been very low, in order to address this, they are working to partner with other events happening at the JC. Social Media still has a lot of engagement and looking to promote Wellness Wednesdays via social media.
- Overall in person campus engagement has been low at the JC, low attendance campus wide. Enrollment down to 28,000 from 41,600 in 2010.
- Mach 9<sup>th</sup> will be a workshop between the PEERS Coalition and QRC (Queer resource centers). School wide event.

- Email mcottrell@santarosa.edu

**Mental Health Board Appreciation:**

- Dr. Daniel Blemen – Sonoma County Behavioral Health Medical Director recognized for their wonderful service to the County, will be retiring at the end of June, 2022. Wonderful words of appreciation were shared from the Mental Health Board and the community.

**Other Agenda Items:**

MHB Site Visit Replacement

- Peterson Pierre would like to take over the site visits, Kathy to work with Peterson to get it going. Next exec meeting – put list together of places to visit.

**MHB CHAIR’S REPORT:**

- Three vacancies one in District 2 (Rabbitt), one in District 4 (Gore) and one in District 5 (Hopkins). Robert Hales resignation.

**BOARD AND PUBLIC COMMENTS/CONCERNS/ACCOMPLISHMENTS:**

- None

Motion by Carol West, Daniel Bleman second.

Meeting adjourned

**ABBREVIATIONS & ACRONYMS**

5150	Declared to be a danger to self and/or others
AB3632	Assembly Bill - State-mandated MH services for seriously emotionally disturbed youth - discontinued by State
ACA	Affordable Care Act
ACL	All County Letter
ACT	Assertive Community Treatment (program run by Telecare)
ANSA	Adult Needs and Strengths Assessment – a “tool” for determining which services are needed by each particular adult client
AODS	Alcohol and Other Drugs Services – now a part of the Mental Health Division and called SUDS
ART	Aggression Replacement Therapy
BHD	Behavioral Health Division (Sonoma County)
CADPAAC	County Alcohol and Drug Program Administrators’ Association of California
CAHPS	Consumer Assessment of Healthcare Providers and Systems
CalEQRO	California External Quality Review Organization
CALMHB/C	California Association of Local Mental Health Boards & Commissions - comprised of representatives from many MHBs in the State
CANS	Child, Adolescent Needs and Strengths (Assessment) – helps determine which services are needed by each child client

CAPE	Crisis Assessment, Prevention, and Education Team; goes into the schools when called to intervene in student mental health matters
CAPSC	Community Action Partnership-Sonoma County
CARE	California Access to Recovery Effort
CBT	Cognitive Behavioral Therapy
CCAN	Corinne Camp Advocacy Network - Peers involved in mental health advocacy
CDC	Sonoma County Community Development Commission
CDSS	California Department of Social Services
CFM	Consumer and Family Member
CFR	Code of Federal Regulations
CFT	Child Family Team
CHD	California Human Development
CHFFA	California Health Facilities Financing Authority
CIP	Community Intervention Program
CIT	Crisis Intervention Training (4-day training for law enforcement, to help them identify and respond to mental health crisis situations)
CMHC	Community Mental Health Centers, Located in Petaluma, Guerneville, Sonoma, and Cloverdale (part of SCBH))
CMHDA	California Mental Health Directors Association
CMHL	SCBH's Community Mental Health Lecture series - open to the public - usually takes place monthly
CMS	Centers for Medicare and Medicaid Services
CMSP	County Medical Services Program - for uninsured, low-income residents of the 35 counties participating in the State program
CONREP	Conditional Release Program (State-funded, SCBH-run, but will be turned over to the State 6/30/14)
CPS	Child Protective Service
CPS (alt)	Consumer Perception Survey (alt)
CRU	Crisis Residential Unit (aka Progress Sonoma-temporary home for clients in crisis, run by Progress Foundation)
CSU	Crisis Stabilization Unit (Sonoma County Behavioral Health's psychiatric emergency services at 2225 Challenge Way, Santa Rosa, CA 95407)
CSAC	California State Association of Counties
CSN	Community Support Network (contract Provider)
CSS	Community Services and Support (part of Mental Health Services Act-MHSA)
CWS	Child Welfare Services
CY	Calendar Year
DAAC	Drug Abuse Alternatives Center
DBT	Dialectical Behavioral Therapy
DHCS	(State) Department of Health Care Services (replaced DMH July 1, 2011)
DHS	Department of Health Services (Sonoma County)
DPI	Department of Program Integrity
DSRIP	Delivery System Reform Incentive Payment
EBP	Evidence-basis Program or Practice
EHR	Electronic Health Record

EMR	Electronic Medical Record
EPSDT	Early and Periodic Screening, Diagnosis and Treatment (Children’s Full Scope Medi-Cal to age 21)
EQRO	External Quality Review Organization (annual review of our programs by the State)
FACT	Forensic Assertive Community Treatment
FASST	Family Advocacy Stabilization, Support, and Treatment (kids 8-12)
FQHC	Federally Qualified Health Center
FY	Fiscal Year
HCB	High-Cost Beneficiary
HIE	Health Information Exchange
HIPPA	Health Insurance Portability and Accountability Act
HIS	Health Information System
HITECH	Health Information Technology for Economic and Clinical Health Act
HSD	Human Services Department
HPSA	Health Professional Shortage Area
HRSA	Health Resources and Services Administration
IHT	Integrated Health Team (medical and MH services for adults)
IPU	Inpatient Psychiatric Unit
IRT	Integrated Recovery Team (for those with mental illness + substance use issues)
IMDs	Institutes for Mental Disease (residential facilities for those unable to live on their own)
INN	Innovation (part of MHSA)
IT	Information Technology
JCAHO	Joint Commission on Accreditation of Healthcare Organizations - accredits hospitals & other organizations
LEA	Local Education Agency
LG	Los Guilicos-Juvenile Hall
LGBQQTI	Lesbian/Gay/Bisexual/Queer/Questioning/Transgender/Intersexed (also LGBTQ)
LOS	Length of Stay
LSU	Litigation Support Unit
M2M	Mild-to-Moderate
MADF	Main Adult Detention Facility (Jail)
MDT	Multi-Disciplinary Team
MHB	Mental Health Board
MHBG	Mental Health Block Grant
MHFA	Mental Health First Aid
MHP	Mental Health Plan
MHSA	Mental Health Services Act
MHSD	Mental Health Services Division (of DHCS)
MHSIP	Mental Health Statistics Improvement Project
MHST	Mental Health Screening Tool
MHWA	Mental Health Wellness Act (SB 82)
MOU	Memorandum of Understanding
MRT	Moral Reconciliation Therapy
MST	Mobile Support Team - gets called by law enforcement to scenes of mental health crises
NAMI	National Alliance on Mental Illness

NBSPP	North Bay Suicide Prevention Project
NOA	Notice of Action
NP	Nurse Practitioner
OSHPD	Office of Statewide Health Planning and Development - the building department for hospitals and skilled nursing facilities in state
PA	Physician Assistant
PAM	Program Assessment Matrix Work Group
PATH	Projects for Assistance in Transition from Homelessness
PC 1370	Penal Code 1370 (Incompetent to Stand Trial, by virtue of mental illness)
PCP	Primary Care Provider (medical doctor)
PES	Psychiatric Emergency Services – (open 24/7 for psychiatric crises – 2225 Challenger Way, Santa Rosa, CA 95407)
PEI	Prevention and Early Intervention (part of Mental Health Services Act-MHSA)
PHF	Psychiatric Health Facility
PHI	Protected Health Information
PHP	Parker Hill Place - Telecare’s transitional residential program in Santa Rosa
PHP	Partnership Health Plan
PIHP	Prepaid Inpatient Health Plan
PIP	Performance Improvement Project
PM	Performance Measure
PPP	Triple P - Positive Parenting Program
PPSC	Petaluma People Services Center
QA	Quality Assurance
QI	Quality Improvement
QIC	Quality Improvement Committee
QIP	Quality Improvement Policy (meeting)
QIS	Quality Improvement Steering (meeting)
RCC	Redwood Children’s Center
RFP	Request for Proposals (released when new programs are planned and contractors are solicited)
RN	Registered Nurse
RRC	Russian River Counselors
ROI	Release of Information
SAR	Service Authorization Request
SB	Senate Bill
SBIRT	Screening, Brief Intervention, and Referral to Treatment
SCBH	Sonoma County Behavioral Health
SCOE	Sonoma County Office of Education
SDMC	Short-Doyle Medi-Cal
SED	Seriously Emotionally Disturbed
SELPA	Special Education Local Planning Area
SMHS	Specialty Mental Health Services
SMI	Seriously Mentally Ill
SNF (Sniff)	Skilled Nursing Facility
SOP	Safety Organized Practice
SPMI	Serious Persistent Mental Illness (or Seriously Persistently Mentally Ill)

SUDs	Substance Use Disorders Services (formerly AODS)
SWITS	Sonoma Web Infrastructure for Treatment Services
TAY	Transition Age Youth (18-25)
TBS	Therapeutic Behavioral Services
TFC	Therapeutic Foster Care
TSA	Timeliness Self-Assessment
VOMCH	Valley of the Moon Children's Home
WET	Workforce Education and Training (part of MHSA)
WCCS	West County Community Services
WCHC	West County Health Centers
WPC	Whole Person Care
WRAP	Wellness Recovery Action Plan
WRAP (alt)	Working to Recognize Alternative Possibilities (alt)
Wraparound	Community-based intervention services that emphasize the strengths of the child and family
YS/Y&F	Youth Services/Youth & Family (Sonoma County Behavioral Health)
YSS	Youth Satisfaction Survey
YSS-F	Youth Satisfaction Survey-Family Version