



**SONOMA COUNTY MENTAL HEALTH BOARD Minutes of  
May 17, 2022**



**This Meeting:  
Virtually Zoom Webinar**

**Minutes are posted in draft form and after approval at [www.sonoma-county.org/mhboard](http://www.sonoma-county.org/mhboard)  
Email: [dhs-mhb@sonoma-county.org](mailto:dhs-mhb@sonoma-county.org)**

**Please Note: A list of commonly used abbreviations and acronyms is attached**

This meeting's Zoom webinar audio recording will also be posted on the Mental Health Board web page as an attachment to these minutes.

**CALL TO ORDER**

Meeting called to order at 5:05 PM by Kathy Smith.

**ROLL CALL**

**Present:** Annabel Nygard, District 3                      Bob Cobb, District 4                      Betzy Chavez, District 1  
                 Michael Reynolds, District 2                      Kathy Smith, District 5                      Peterson Pierre, District 1  
                 Peter McAweeney, District 4                      Missy Jackson, District 1

**Excused:** Carol West District 2; Mary Ann Swanson, District 2

**Absent:** Michael Johnson, District 3; Vanessa Nava, District 3;

**SRJC PEERS Coalition Representative:** Matti Cottrell

**Sonoma County Board of Supervisor:** No Representative

**County of Sonoma DHS, Behavioral Health Division:** Wendy Wheelwright

**Community Members:** Nicola Natividad, Chris Kughn, Kimberley Gilchrist, Wendy Wheelwright, Melissa Ladrech, Mary Frances Walsh, Noah, Erica Klohe, Fabiola Espinosa, Matti Cottrell, Becky Ennis, Elizabeth Vermilyea, Sean Kelson, Ariana Ibarra, Karen Bergman, Susan Keller, Vicki Kalish, David Rincon Valley, Nicole Natividad, Susan Standen,

**ANNOUNCEMENTS /PUBLIC INTRODUCTIONS & COMMENTS**

- 1) You may submit agenda items for consideration prior to the Executive Committee meeting, normally held on the first Wednesday of each month, 10:30 AM to Noon. Email or call MHB clerk (707) 565-4850, [DHS-MHB@sonoma-county.org](mailto:DHS-MHB@sonoma-county.org) to verify the next meeting date.
- 2) There are five (5) vacancies: one in District 1 (Gorin), one in District 2 (Rabbitt), one in District 4 (Gore) and two in District 5 (Hopkins). If you are interested in serving on the Board, please contact MHB Clerk (707) 565-4850, [DHS-MHB@sonoma-county.org](mailto:DHS-MHB@sonoma-county.org)
- 3) Please direct all your questions to the Chair.

**APPROVAL OF MINUTES**

- March 15<sup>th</sup>, and April 19<sup>th</sup> meeting minutes. Do not have a quorum of the MHB membership. All postponed until June Public meeting. Moved to postpone meeting by Bob Cobb, Pierre Peterson second.

## **CONSUMER AFFAIRS**

- Sean Kelson – PEER education and Interlink Open House, Friday May 27.

## **SPECIAL PRESENTATION:**

- MHSa Public Hearing by Melissa Ladrech- here to provide annual update plan and for everyone to provide feedback. Plan posted April 16 2022. Will take in any comments and include in the plan.
  - MHSa Power Point Presentation – supplemental budget going to board BOS in June. If there are changes the report will be reposted.
  - Link to the MHSa Plan:  
<https://sonomacounty.ca.gov/Main%20County%20Site/Health%20and%20Human%20Services/Health%20Services/Documents/Behavioral%20Health/mental-health-services-act/Sonoma-County-MHSA-Plan-Update-FY-22-23-and-Program-Report-FY-20-21.pdf>
  - Newsletter link:  
<https://sonomacounty.ca.gov/Main%20County%20Site/Health%20and%20Human%20Services/Health%20Services/Documents/Behavioral%20Health/mental-health-services-act/2022-4-28%20Sonoma%20County%20MHSA%20Newsletter%20May%202022.pdf>  
Sign up here:  
[http://service.govdelivery.com/service/subscribe.html?code=CASONOMA\\_181](http://service.govdelivery.com/service/subscribe.html?code=CASONOMA_181)
- MHSa Public Comment
  - Missy Jackson – comment is funding for Mental Health programs for schools and the possibility of using MHSa funds for that, please include in report.
  - Betzy asks how Measure O funding fits in with MHSa? Does measure O support the funding MHSa provides to sustain or supplement the work?  
Answer: Melissa Measure O is additional funding source. MHSa has a lot of restrictions on how to spend money – more than Measure O. Usually measure O and MHSa are not paying for the same thing.
  - Kathy Smith – question How are the peer centers being funded?  
Answer: Melissa – Peer centers are currently cut from the budget but Board of Supervisors was asked to approve funding. They are funded with Measure O money. If you read the MHSa they do belong under the MHSa funding and we are hopeful that if there is a change in the expenditure plan that they may be funded under MHSa>
  - Kathy Smith - comment is that MHSa should be funding the Peer Centers, please include in report.

**BEHAVIORAL HEALTH DIRECTOR'S REPORT/HBH FISCAL UPDATE/MENTAL HEALTH SYSTEM:** *Bill Carter or Designee Sonoma County's Mental Health Services Act [MHSa]* newsletter is available at the link <http://www.sonoma-county.org/health/about/pdf/mhsa/>

Wendy Wheelwright –

- Next week we will have a new BH director – Dr. Jan Cobaleda-Kegler has worked in Contra Costa County lives in Sonoma County and is bilingual.
- New ASO Michele Bowmen, replaces Jenny. New Assistant director of the department, Roy Dejalos. Temp assistant director of the department Wendy Sanders – will support Public Health
- CALAim – Chris Marlow section manager is will be talking about this soon.
- Consumer perception surveys are coming up

- Medical Director Dan Bleman will be leaving at the end of the June.

### **PEERS (PEOPLE EMPOWERING EACH OTHER TO REALIZE SUCCESS) COALITION INTERN REPORT –**

(Matti Cottrell mcottrell@santarosa.edu) Link to SRJC’s webpage about current health events around the campus: <https://events.santarosa.edu/calendar-events>; <https://shs.santarosa.edu/health-promotion-wellness>

- Matti- Wrapping up the semester, May is Mental Health (MH) awareness month. On the 13<sup>th</sup> they participated in “stomp out the stigma” to raise awareness of Mental Health awareness month.
- Question, Persuade, Suicide Training (QPR) offered to the general public and open to students.
- PEERS is settled into a new location on campus
- This will be Matti’s last report for this semester and they hope to come back in for the Fall semester but will be taking the summer off.

### **Mental Health Board Appreciation:**

- Acknowledgement of the Behavioral Health Section Managers, Division Management Team and division staff for stepping in during the absence of the Division Director.

### **Other Agenda Items:**

- Mentoring for new MHB members.
  - Topic to be discussed at the June 25 retreat. Might also be a good idea to discuss this at the MHB executive meeting in June.
  - Bob Cobb suggest that in districts where there are veteran members they can mentor the new board members.
  - Kathy Smith – reminder that the MHB is not allowed to meet more than 3 members at a time. She will look at the mentorship and will reach out to the most senior members of each district. Find out what materials are given to each new member.
  - Peterson – the mentorship should be structure and expectation for the mentors and mentees.

### **MHB CHAIR’S REPORT:**

- Three vacancies; one in District 4 (Gore) candidate has been approved by supervisor Gore but not appointed yet, and two in District 5 (Hopkins). Missy Jackson appointed to district 1 to fill that vacancy.

### **BOARD AND PUBLIC COMMENTS/CONCERNS/ACCOMPLISHMENTS:**

- Erika Khloe commented and will drop the preliminary data for the homeless count
- Noa commented that William Bacon has passed away of kidney failure. He was a person know to the MHB and we are sorry to hear of his passing.
- Mary Frances Walsh – public comment cannabis and your team.

Motion to adjourn by Peterson Pierre, Bob Cobb seconded.  
Meeting adjourned.

## ABBREVIATIONS & ACRONYMS

5150	Declared to be a danger to self and/or others
AB3632	Assembly Bill - State-mandated MH services for seriously emotionally disturbed youth - discontinued by State
ACA	Affordable Care Act
ACL	All County Letter
ACT	Assertive Community Treatment (program run by Telecare)
ANSA	Adult Needs and Strengths Assessment – a “tool” for determining which services are needed by each particular adult client
AODS	Alcohol and Other Drugs Services – now a part of the Mental Health Division and called SUDS
ART	Aggression Replacement Therapy
BHD	Behavioral Health Division (Sonoma County)
CADPAAC	County Alcohol and Drug Program Administrators’ Association of California
CAHPS	Consumer Assessment of Healthcare Providers and Systems
CalEQRO	California External Quality Review Organization
CALMHB/C	California Association of Local Mental Health Boards & Commissions - comprised of representatives from many MHBs in the State
CANS	Child, Adolescent Needs and Strengths (Assessment) – helps determine which services are needed by each child client
CAPE	Crisis Assessment, Prevention, and Education Team; goes into the schools when called to intervene in student mental health matters
CAPSC	Community Action Partnership-Sonoma County
CARE	California Access to Recovery Effort
CBT	Cognitive Behavioral Therapy
CCAN	Corinne Camp Advocacy Network - Peers involved in mental health advocacy
CDC	Sonoma County Community Development Commission
CDSS	California Department of Social Services
CFM	Consumer and Family Member
CFR	Code of Federal Regulations
CFT	Child Family Team
CHD	California Human Development
CHFFA	California Health Facilities Financing Authority
CIP	Community Intervention Program
CIT	Crisis Intervention Training (4-day training for law enforcement, to help them identify and respond to mental health crisis situations)
CMHC	Community Mental Health Centers, Located in Petaluma, Guerneville, Sonoma, and Cloverdale (part of SCBH))
CMHDA	California Mental Health Directors Association
CMHL	SCBH’s Community Mental Health Lecture series - open to the public - usually takes place monthly
CMS	Centers for Medicare and Medicaid Services
CMSP	County Medical Services Program - for uninsured, low-income residents of the 35 counties participating in the State program
CONREP	Conditional Release Program (State-funded, SCBH-run, but will be turned over to the State 6/30/14)

CPS	Child Protective Service
CPS (alt)	Consumer Perception Survey (alt)
CRU	Crisis Residential Unit (aka Progress Sonoma-temporary home for clients in crisis, run by Progress Foundation)
CSU	Crisis Stabilization Unit (Sonoma County Behavioral Health's psychiatric emergency services at 2225 Challenge Way, Santa Rosa, CA 95407)
CSAC	California State Association of Counties
CSN	Community Support Network (contract Provider)
CSS	Community Services and Support (part of Mental Health Services Act-MHSA)
CWS	Child Welfare Services
CY	Calendar Year
DAAC	Drug Abuse Alternatives Center
DBT	Dialectical Behavioral Therapy
DHCS	(State) Department of Health Care Services (replaced DMH July 1, 2011)
DHS	Department of Health Services (Sonoma County)
DPI	Department of Program Integrity
DSRIP	Delivery System Reform Incentive Payment
EBP	Evidence-basis Program or Practice
EHR	Electronic Health Record
EMR	Electronic Medical Record
EPSDT	Early and Periodic Screening, Diagnosis and Treatment (Children's Full Scope Medi-Cal to age 21)
EQRO	External Quality Review Organization (annual review of our programs by the State)
FACT	Forensic Assertive Community Treatment
FASST	Family Advocacy Stabilization, Support, and Treatment (kids 8-12)
FQHC	Federally Qualified Health Center
FY	Fiscal Year
HCB	High-Cost Beneficiary
HIE	Health Information Exchange
HIPPA	Health Insurance Portability and Accountability Act
HIS	Health Information System
HITECH	Health Information Technology for Economic and Clinical Health Act
HSD	Human Services Department
HPSA	Health Professional Shortage Area
HRSA	Health Resources and Services Administration
IHT	Integrated Health Team (medical and MH services for adults)
IPU	Inpatient Psychiatric Unit
IRT	Integrated Recovery Team (for those with mental illness + substance use issues)
IMDs	Institutes for Mental Disease (residential facilities for those unable to live on their own)
INN	Innovation (part of MHSA)
IT	Information Technology
JCAHO	Joint Commission on Accreditation of Healthcare Organizations - accredits hospitals & other organizations
LEA	Local Education Agency
LG	Los Guilicos-Juvenile Hall

LGBQQTI	Lesbian/Gay/Bisexual/Queer/Questioning/Transgender/Intersexed (also LGBTQ)
LOS	Length of Stay
LSU	Litigation Support Unit
M2M	Mild-to-Moderate
MADF	Main Adult Detention Facility (Jail)
MDT	Multi-Disciplinary Team
MHB	Mental Health Board
MHBG	Mental Health Block Grant
MHFA	Mental Health First Aid
MHP	Mental Health Plan
MHSA	Mental Health Services Act
MHSD	Mental Health Services Division (of DHCS)
MHSIP	Mental Health Statistics Improvement Project
MHST	Mental Health Screening Tool
MHWA	Mental Health Wellness Act (SB 82)
MOU	Memorandum of Understanding
MRT	Moral Reconation Therapy
MST	Mobile Support Team - gets called by law enforcement to scenes of mental health crises
NAMI	National Alliance on Mental Illness
NBSPP	North Bay Suicide Prevention Project
NOA	Notice of Action
NP	Nurse Practitioner
OSHPD	Office of Statewide Health Planning and Development- the building department for hospitals and skilled nursing facilities in state
PA	Physician Assistant
PAM	Program Assessment Matrix Work Group
PATH	Projects for Assistance in Transition from Homelessness
PC 1370	Penal Code 1370 (Incompetent to Stand Trial, by virtue of mental illness)
PCP	Primary Care Provider (medical doctor)
PES	Psychiatric Emergency Services – (open 24/7 for psychiatric crises – 2225 Challenger Way, Santa Rosa, CA 95407)
PEI	Prevention and Early Intervention (part of Mental Health Services Act-MHSA)
PHF	Psychiatric Health Facility
PHI	Protected Health Information
PHP	Parker Hill Place - Telecare’s transitional residential program in Santa Rosa
PHP	Partnership Health Plan
PIHP	Prepaid Inpatient Health Plan
PIP	Performance Improvement Project
PM	Performance Measure
PPP	Triple P - Positive Parenting Program
PPSC	Petaluma People Services Center
QA	Quality Assurance
QI	Quality Improvement
QIC	Quality Improvement Committee
QIP	Quality Improvement Policy (meeting)

QIS	Quality Improvement Steering (meeting)
RCC	Redwood Children’s Center
RFP	Request for Proposals (released when new programs are planned and contractors are solicited)
RN	Registered Nurse
RRC	Russian River Counselors
ROI	Release of Information
SAR	Service Authorization Request
SB	Senate Bill
SBIRT	Screening, Brief Intervention, and Referral to Treatment
SCBH	Sonoma County Behavioral Health
SCOE	Sonoma County Office of Education
SDMC	Short-Doyle Medi-Cal
SED	Seriously Emotionally Disturbed
SELPA	Special Education Local Planning Area
SMHS	Specialty Mental Health Services
SMI	Seriously Mentally Ill
SNF (Sniff)	Skilled Nursing Facility
SOP	Safety Organized Practice
SPMI	Serious Persistent Mental Illness (or Seriously Persistently Mentally Ill)
SUDs	Substance Use Disorders Services (formerly AODS)
SWITS	Sonoma Web Infrastructure for Treatment Services
TAY	Transition Age Youth (18-25)
TBS	Therapeutic Behavioral Services
TFC	Therapeutic Foster Care
TSA	Timeliness Self-Assessment
VOMCH	Valley of the Moon Children’s Home
WET	Workforce Education and Training (part of MHSA)
WCCS	West County Community Services
WCHC	West County Health Centers
WPC	Whole Person Care
WRAP	Wellness Recovery Action Plan
WRAP (alt)	Working to Recognize Alternative Possibilities (alt)
Wraparound	Community-based intervention services that emphasize the strengths of the child and family
YS/Y&F	Youth Services/Youth & Family (Sonoma County Behavioral Health)
YSS	Youth Satisfaction Survey
YSS-F	Youth Satisfaction Survey-Family Version