

**MENTAL HEALTH BOARD
Executive Committee Meeting
MINUTES**

VIRTUALLY ZOOM WEBINAR

Wednesday, November 2, 2022

10:30 to Noon

In accordance with Executive Orders N-25-20 and N-29-20 the Mental Health Board Executive Committee meeting will be held virtually.

MEMBERS OF THE PUBLIC MAY NOT ATTEND THIS MEETING IN PERSON

Email Public Comment Prior to the Meeting:

You may email public comment to DHS-MHB@sonoma-county.org no later than five days prior to the meeting. All emailed public comments will be forwarded to all Board Members. During the meeting, if you have joined as a member of the public in the Zoom app or by calling in, there will be specific points throughout the meeting assigned to public comment.

REASONABLE ACCOMMODATION:

If you have a disability, which requires an accommodation or an alternative format to assist you in observing and commenting on this meeting, please contact the Clerk of the Mental Health Board at (707) 565-4854 or by email DHS-MHB@sonoma-county.org by 12:00 noon, Friday, October 15th, to ensure arrangements for accommodation.

The rules for public observation and comment supersede and replace the standard provisions for the duration of the public health emergency.

Mental Health Board Executive Committee Agenda

1. MHB Treasurer's Report – \$1,909.91
 2. Recruitment and retention of MHB members – Vacancies – 2 vacancies one in District 2 (Rabbitt) and one in District 5 (Hopkins). Sarah Reidenbach will be appointed on November 1st BOS Agenda. MaryAnn Swanson has submitted her intent to resign her seat in District 2.
 3. Ethics Training – Reminder
 4. Discuss Board Planning: Special Topic Presentation, -
 5. BH Director's Report/DHS-BH Budget Update/Systems Transformation
 6. Other Reports Including CALBHB/C and Ad hoc committees; Legislative Agenda Items: PAM and Mental Health Services/Needs at Sonoma County Main Adult Detention Facility PAM (program assessment matrix) matrix and site visits.
 7. Discuss MHB acknowledging SCBH staff:
 8. MHB Fall Retreat Date – December 3rd
 9. MHB Chair's Report
 - **No regular board meeting in December**
 10. Future topics to add to agenda
 11. Public Comment
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Next MHB Meeting Agenda 11/15/2022–

- Roll Call
- Approval of Minutes for September 20th and October 18th Board Meetings
- Consumer Affairs Report - Consumer news, issues, concerns – Michael Reynolds/Sean Kelson
- Site Visit Committee – volunteers needed for site visits. Committee to review site documents.
- Behavioral Health Director's Report/BH Fiscal Update/Mental Health System Transformation
- Fall Retreat Dates and Presenter Confirmation on December 3rd
- Mental Health Board Appreciation: TBD
- Special Presentation:
- Public Comment/Wrap-Up
- Adjournment

AGENDA ITEM	DISCUSSION	RESOLUTION/ACTION
Treasurer's Report	Balance \$1,909.91	<ul style="list-style-type: none"> No update
Recruitment and Retention of MHB Members	Two vacancies: One in District 2 (Rabbitt) and One in District 5 (Hopkins).	<ul style="list-style-type: none"> Betsy is taking a leave and MaryAnn will be stepping down.
Special Topic on 11/15/2022	Jan Cobaleda-Kegler Sid McColley	<ul style="list-style-type: none"> Public Discussion/Questions. Discussion of public email sent to the Mental Health Board January Special Topic – District 1 East County, Hanna Center
Director's Report/DHS-BH Budget Update/Updates of MH Systems Transformations Link to County of Sonoma, DHS-BH link: http://sonomacounty.ca.gov/Health/Behavioral-Health/		<ul style="list-style-type: none"> Jan discussed an email received from a public member. Some of the questions require more investigation and research. Jan and Sid will share an update at the November MHB meeting. The questions will be posted and answered with as much information that is available. It was suggested that Jan share the grievance process during the board meeting as well as what is the process to be admitted to CSU. Care Court concerns were discussed. Jan proposed scheduling one of the Board meetings to have a discussion about Care Court and what it entails. Sonoma County opted not to participate in it at this time. Discussed housing issues for clients who are placed on conservatorship. Jan will ask Elizabeth Storm and Wendy Wheelwright to report quarterly to the MHB on the satellite clinics in the outlining county areas (North, South, East and West).
Acknowledgement of SCBH Staff	November	<ul style="list-style-type: none"> Tori will invite CSU staff to the November meeting. Kathy will create the certificate to present during the meeting.
Please go to this NAMI link for Navigating a Mental Health Crisis: https://www.nami.org/Support-Education/Publications-Reports/Guides/Navigating-a-Mental-Health-Crisis ; call the NAMI Helpline at 800-950-NAMI Or in a crisis, text "NAMI" to 741741		<ul style="list-style-type: none"> No report

MHB Site Visits	Continued discussion regarding restarting the site visits in person	<ul style="list-style-type: none"> • Michael Reynold has sent out a few requests to conduct site visits. He will continue to reach out to facilities to schedule visits. • Some response from the Main Adult Detention Facility. Other facilities have not responded yet.
MHB Chair Report		<ul style="list-style-type: none"> • Ethic's training, Tori sent out the Ethic's training log and link for Board members who have not completed training. • Jan and Kathy shared about the West County meeting they attended. Very informative meeting. Jan was very impressed with the amount and quality of services in West County.
MH Board Member Discussion	Fall Retreat-Zoom	<ul style="list-style-type: none"> • December 3rd. 9a- 3p with ½ lunch • Zoom link and agenda will be sent out soon.
CALBHB/C Reports to be Added as Agenda Item with Other Reports Link to website: http://www.calhbc.com/	<ul style="list-style-type: none"> A. CALBHB/C B. Conference Reports C. Surveys 	<ul style="list-style-type: none"> • No report
MHB Executive Committee and General Meetings Schedule and Proposed Topics		<ul style="list-style-type: none"> • January 2023-East County Issues <ul style="list-style-type: none"> • Jan will invite Elizabeth Storm and Wendy Wheelwright to report on the outlining county clinics • February 2023 – Child Parent Institute, TLC and Social Advocates for Youth (SAY). Michael Reynolds will coordinate the speakers. • December – Winter Break