

MENTAL HEALTH BOARD
Executive Committee Meeting
MINUTES
VIRTUALLY ZOOM WEBINAR

Wednesday, January 4, 2023

10:30 to Noon

In accordance with Executive Orders N-25-20 and N-29-20 the Mental Health Board Executive Committee meeting will be held virtually.

MEMBERS OF THE PUBLIC MAY NOT ATTEND THIS MEETING IN PERSON

Email Public Comment Prior to the Meeting:

You may email public comment to DHS-MHB@sonoma-county.org no later than five days prior to the meeting. All emailed public comments will be forwarded to all Board Members. During the meeting, if you have joined as a member of the public in the Zoom app or by calling in, there will be specific points throughout the meeting assigned to public comment.

REASONABLE ACCOMMODATION:

If you have a disability, which requires an accommodation or an alternative format to assist you in observing and commenting on this meeting, please contact the Clerk of the Mental Health Board at (707) 565-4854 or by email DHS-MHB@sonoma-county.org by 12:00 noon, Friday, October 15th, to ensure arrangements for accommodation.

The rules for public observation and comment supersede and replace the standard provisions for the duration of the public health emergency.

Mental Health Board Executive Committee Agenda

1. MHB Treasurer's Report – \$1,909.91 (paid for Winter retreat, speaker, and Summer retreat)
 2. Recruitment and retention of MHB members – Vacancies – 2 vacancies one in District 2 (Rabbitt) and one in District 5 (Hopkins). Nicole Estrange is very close to joining District 5. MaryAnn Swanson has retracted her resignation from District 2.
 3. Ethics Training – Reminder; Tori to send out updated reminder; we did have more members complete since last month
 4. Discussed Board Planning: Special Topic Presentation Finalized
 5. BH Director's Report/DHS-BH Budget Update/Systems Transformation
 6. Other Reports Including CALBHB/C and Ad hoc committees; Legislative Agenda Items: PAM and Mental Health Services/Needs at Sonoma County Main Adult Detention Facility PAM (program assessment matrix) matrix and site visits.
 7. Discuss MHB acknowledging SCBH staff:
 8. MHB Chair's Report
 9. Future topics to add to agenda
 10. Public Comment
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Next MHB Meeting Agenda 1/17/2023–

- Roll Call
- Approval of Minutes for November 15th Board Meeting
- Consumer Affairs Report - Consumer news, issues, concerns – Michael Reynolds
- Behavioral Health Director's Report/BH Fiscal Update/Mental Health System Transformation
- Mental Health Board Appreciation: Elizabeth Storm with CMHC (East County)
- Special Presentation: Dr. Bailey, PhD - Family Psychologist; Sonoma Connect
- Public Comment/Wrap-Up
- Adjournment

AGENDA ITEM	DISCUSSION	RESOLUTION/ACTION
Treasurer's Report	Balance \$1,909.91	<ul style="list-style-type: none"> No update
Recruitment and Retention of MHB Members	Two vacancies: One in District 2 (Rabbitt) and One in District 5 (Hopkins).	<ul style="list-style-type: none"> MaryAnn Swanson has submitted her intent to resign. Nichole LeStrange is close to being confirmed for District 5.
Special Topic on 1/17/2023	Sonoma Connect/Sonoma Unidos, Elizabeth Storm and Dist 1 Clinic Rep, Dr. Bailey	<ul style="list-style-type: none"> January Special Topic – Sonoma Connect/Sonoma Unidos and Dr. Rebecca Bailey PhD. Elizabeth Storm-CMHC/East County update February Special Topic -Dr. Donna Broadbent, Child Psychiatrist; Shelby, TLC Representative; MHSA Update Melissa Ladrech/Fabi Espinosa
Director's Report/DHS-BH Budget Update/Updates of MH Systems Transformations Link to County of Sonoma, DHS-BH link: http://sonomacounty.ca.gov/Health/Behavioral-Health/	Dr. Jan Cobaleda-Kegler	<ul style="list-style-type: none"> Working on implementing a new electronic health record effective July 1, 2023. Big project, working on the details and next steps. We are partnering with CalMHSA and 19 other counties in this project. All the CalAim changes will be implemented into this new EHR application. Our SUD program uses SWITS program and will be moving to Streamline EHR as well. This will allow us to be integrated into one system. PD Article discussed, the back log on contracts from the past. Working current contracts and getting them executed as quickly as possible. Just a few that have not been completed due to discussion between the contractor and County. We are currently gearing up for 23/24 fiscal year contracts. Discussed the staffing shortages both BH providers and DHS administrative support. EQRO Audit will be coming in February. Requests will be sent out to participate on panels/boards. MHSA Service Act Review the end of February. Working on the three-year plan for 23 – 26. Lots of positive momentum going on.
Acknowledgement of SCBH Staff	January	<ul style="list-style-type: none"> CMHC-Elizabeth Storm

<p>Please go to this NAMI link for Navigating a Mental Health Crisis: https://www.nami.org/Support-Education/Publications-Reports/Guides/Navigating-a-Mental-Health-Crisis; call the NAMI Helpline at 800-950-NAMI Or in a crisis, text "NAMI" to 741741</p>		<ul style="list-style-type: none"> • No report
<p>MHB Site Visits</p>	<p>Michael Reynolds</p>	<ul style="list-style-type: none"> • Many requests sent out, no response at this time.
<p>MHB Chair Report</p>		<ul style="list-style-type: none"> • Ethics reminder to be sent out to members who have not completed the training. • Feb Exec Agenda discussion: Ask members who visited their representatives to reach out and meet with each District Supervisor.
<p>MH Board Member Discussion</p>	<p>Future Topics</p>	<ul style="list-style-type: none"> • Grievance Process/Discussion • February Special Topic - Dr. Donna Broadbent, Child Psychiatrist; MHSA Update Melissa Ladrech/Fabi Espinosa • March Special Topic: Shelby, TLC Representative CPI, SAY and family participants
<p>CALBHB/C Reports to be Added as Agenda Item with Other Reports Link to website: http://www.calbhbc.com/</p>	<p>A. CALBHB/C B. Conference Reports C. Surveys</p>	<ul style="list-style-type: none"> • No report
<p>MHB Executive Committee and General Meetings Schedule and Proposed Topics</p>		<ul style="list-style-type: none"> • February 2023 – MHSA Presentations. Melissa Ladrech, Fabiola Espinosa & Nick Honey Child Psychiatrist • March 2023 - TLC/CPI/SAY potential speaker. Michael Reynolds coordinating