

Sonoma County Behavioral Health Division

Free Staff Development Training

***Mandatory for all direct service staff providing mental health services. SUD counselors are welcome and encouraged to attend. ***

“Lethal Means Safety Counseling and Lock Box Distribution”

You MUST register for this class!

2.0 CEs provided for LCSWs, LMFTs, Registered Associates LPCCsm LEPs, RNs, and AODS Counselors

This will be a two hour (2.0 CE) in-person presentation with time for questions and discussion.

Lethal Means Safety Counseling (LMSC) is an evidence-based intervention intended to promote the safety of a person in suicidal crisis or in anticipation of a crisis. LMSC facilitates collaborative discussion to assist a person with increasing time and distance between their suicidal intent and their ability to access lethal means. This training will explain the importance of addressing means safety as part of suicide prevention and how the implementation of LMSC can enhance suicide prevention efforts in your own community.

Objectives: Participants will be able to

1. List two elements of Lethal Mental Safety Counseling
2. Identify the most common method involved in death by suicide.
3. Describe the average duration of a suicidal crisis.
4. Identify two ways that reducing access to lethal means can prevent suicide.

September 26, 2023

Tuesday, 12:00pm – 2:00pm

Finley Community Center Person Auditorium

2060 West College Avenue

Santa Rosa, CA 95401

Course Schedule:

12:00pm – 12:10pm	Introduction
12:10pm – 1:00pm	Research and support for Lethal Means Safety
1:00pm – 1:45pm	Counseling How to become an effective Lethal Means
1:45pm – 2:00pm	Safety Counselor Summary, Wrap-up & Questions

Presenter: Dr. Anna Harrison

Please register using the following link:

<https://lethal-means-safety-counseling-lockbox-distribution.eventbrite.com>

CE Certificates after completion of the course.

Contact: BH-Training BH-Training@sonoma-county.org for more information, ADA requests, grievances or if you are unable to attend.

Course meets the qualifications for 2 hours of continuing education credit for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California Board of Behavioral Sciences.

The Sonoma County Behavioral Health Division is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, & LPCCs. Sonoma County Behavioral Health Division maintains responsibility for this program/course and its content. Provider Number 135030, Exp. 02/01/2024.

This course has been approved by California Board of Registered Nursing, **B.R.N Provider No. 10298** expires 5/31/2024.

Provider approved by CCAPP-EI, Provider Number 4N-05-565-1122 for 2 CE.